



## Stableford Format

- Stableford is the most common of golf scoring formats. Instead of aiming for the lowest total/net score (as in stroke play), a golfer aims to accumulate the highest number of total points in a round.
- Stableford is a points-based system, and the points are awarded on each hole.
- The points system is based on your individual net par, that is, course par plus the added shots your handicap allows.
- The point scoring is calculated by allocating:
  - 2 points for net par,
  - 1 point for 1 over (bogey),
  - 3 points for 1 under (birdie),
  - 4 points for 2 under (eagle),
  - 5 points for 3 under (albatross).
- Players who exceed their own par by two strokes will not score on the hole and accordingly, must then pick up their ball, this is also known as a 'wipe'.
- To play to your Par is to have a total of 36 points.